

Validation Report



Pupil Wellbeing Award

SILVER

SCHOOL: Spring Hill High School

ACCREDITATION DATE: 05/Nov/2024



ACCREDITED

Benchmark	Comments on impact identified and evidence provided
Promote positive attitudes to physical and mental health and wellbeing across the school	The diverse range of provision offered (weekly mile, PE opportunities etc) has led to improved, high levels of engagement in physical activity. Staff site the weekly mile in particular as having a positive impact on building relationships. Students are more confident to take part in a range of activities both in and outside of school.
Ensure all pupils understand the relationship between physical health and wellbeing	The school ensures that all pupils are able to take part in and enjoy physical activity - for example by arranging 121 or in-school sessions to build confidence thus enabling them to gradually take part in outdoor activities that they may find more challenging. Student feedback shows the benefit of this approach with many enjoying trips to the park or to take part in sporting activities. Pupil feedback demonstrates that they understand the links between physical activity and diet and wellbeing. Student voice has led to the introduction of provision such as fruit smoothies.
Ensure that all pupils know where and how to access help and support at school	In surveys, a high percentage of pupils report feeling safe at school and that the school culture is respectful and caring. The school also shared feedback from individual pupils related to work on bullying. This demonstrated that they can recognise bullying behaviour and know how to report related concerns.

Benchmark	Comments on impact identified and evidence provided
Give staff the tools to support the wellbeing and emotional health of all pupils	Staff surveys show high levels of confidence around supporting pupil mental and physical health. Their feedback also indicates that weekly 121s with pupils have enabled them to build relationships and address wellbeing concerns as they arise.

Benchmark	Evidence files
Promote positive attitudes to physical and mental health and wellbeing across the school	Benchmark 1 - Promote positive attitudes to physical and mental health and wellbeing across the school.pdf (4.04 MB)
Ensure all pupils understand the relationship between physical health and wellbeing	Benchmark 2 - Ensure that all pupils understand the relationship between physical health and wellbeing.pdf (3.69 MB)
Ensure that all pupils know where and how to access help and support at school	Benchmark 4 - Ensure that all pupils know where and how to access help and support at school.pdf (1.23 MB)
Give staff the tools to support the wellbeing and emotional health of all pupils	Benchmark 3 - Give staff the tools to support the wellbeing and emotional health of all pupils.pdf (975.07 KB)

Overall comments
Promoting wellbeing, as well as building resilience and self-confidence, are clearly central to provision at Springhill and the school was able to demonstrate that it continues to monitor the effectiveness of its offer to ensure that it continues to have a positive impact on pupil wellbeing.

Areas for further development
Consider collecting more detailed feedback from staff with regard to specific areas of provision related to wellbeing and mental health where they would welcome additional support or training. As appropriate, introduce pre- and post-assessments in PSHE to ensure that learning from specific events such as odd-socks day is fully embedded.

Validator recommendation

Recommendation status: I recommend that the school is accredited for this award